# Record of Discussion

**School Health Coordinators’ Committee Meeting**

**November 12th, 2019**

**Co-Chairs: Sterling Carruthers (PE), Pat Martz (AB)   
Participants:**

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| **Representative** | **Jurisdiction** |
| BC | Daniel Naiman |
| AB | Pat Martz |
| SK | Anna Grumbly Helen Flengeris |
| MB |  |
| ON | Jennifer Munro-Galloway |
| NB | Sylvia Reentovich |
| PE | Sterling Carruthers Rosanne McQuaid |
| NS |  |
| NL |  |
| NU | Shara Bernstein |
| NT | Elaine Stewart |
| YK | Ian Parker |
| PHAC | Suzy Wong |
| **Secretariat** |  |
| Katherine Kelly | Executive Director |
| Susan Hornby | Senior Advisor |
| Craig Watson | Research Analyst |

Record of Discussion

1. Welcome and Roll Call  
   Pat/Sterling welcomed all to the call.
2. Review and Approval of Agenda  
   The agenda was approved as written.
3. Approval of Record of Discussion from the October 8th 2019 teleconference  
   The Record of Discussion from the October 8th teleconference was approved as written.
4. Secretariat Update  
   The written Secretariat update was presented as written.
5. Mandate Renewal/Face-to-Face Meetings (MC/SHCC)   
   Katherine provided an update on the upcoming joint face-to-face meetings of the JCSH Management Committee and School Health Coordinators’ Committee (December 10, 11 and 12 in Toronto). The primary focus of the meetings will be the proposed JCSH mandate renewal. A high-level, draft agenda for the meetings has been developed and forwarded to both committees. A final version of the agenda will be sent as soon as the planning is complete. The option of bringing in an external facilitator for a portion of the meetings is currently being explored. Jurisdictional responses from the decision points document that had been sent to the Management Committee from John Cummings (JCSH Management Committee Chair) were reviewed. It is anticipated that all jurisdictional responses will be compiled into one document, and included as part of the meeting package.
6. “School Matters Forum” (February, 2020)   
   The Secretariat provided an update regarding the “School Matters: Building a Blueprint for School Communities to Help Prevent Substance Use Harms Forum.” The two-day forum, to be held in Toronto (February 11and 12, 2020), is being planned and co-hosted by the Public Health Agency of Canada (PHAC), the Canadian Centre on Substance Use and Addiction, the Canadian Students for Sensible Drug Policy, and the JCSH. The purpose of the forum is to inform and mobilize a comprehensive school health (CSH) approach to addressing problematic substance use within Canadian school communities. The planning group is currently in the process of setting up “Tiger Teams” in advance of the forum. These teams will be small working groups, consisting of individuals with diverse experience and expertise, and will be tasked with informing the forum’s content, format and agenda. The JCSH has been asked to be a Co-Chair of the “School Community Engagement” Tiger Team, and it has been recommended that a member of the SHCC be a part of this team in the lead up to the forum, and also attend the forum itself.  
     
   Action: Katherine to send out Tiger Team invitation to the SHCC.
7. Environmental Scans  
   Susan provided the SHCC with an update on the JCSH Substance Use Environmental Scan. The last Substance Use scan was completed in 2013. Susan will send out the most recent version of the scan, and has asked jurisdictions to please provide any pertinent updates to it. It was suggested that a quick turn around on jurisdictional updates/feedback to the scan would be helpful, in an effort to have the document included in respective briefings to Deputy Ministers, in preparation for the December 2019 ACDME meetings.
8. Emerging Trends and Opportunities  
      
   YK  
   Dr. Will Pickett (Queen’s University/HBSC) was recently in Whitehorse to meet with various health and education stakeholders, to discuss the HBSC and its potential value, with a specific focus on young girls (Grades 9 and 10) living in rural/isolated communities. Data is concerning and shows that these young girls are feeling alienated and disconnected from their teachers, peers, families, and communities. Yukon’s Health Promotion Unit will be hosting a one-day forum in February on reconciliation and health promotion, with the two primary themes being the Indigenization of western concepts of health promotion, and exploring the concept of using health promotion as a means to further the process of reconciliation. Dr. Charlene Bearhead (UBC) will be one of the forum’s key presenters.   
     
   PE  
   Health and Education has formed a working group to address vaping. The group’s work plan is centered on Comprehensive School Health, and is primarily focused on adult influencers, such as classroom teachers, administrators, coaches, and parents. There is an upcoming think-tank session planned with principals and vice-principals, to discuss off-site smoking areas at schools, in an effort to determine how to address this issue. The Student Wellbeing Teams program is now in its third year, and is operating in schools across the province. Processed-based evaluation of the program is currently underway, in an effort to ensure its efficiency. The model of the program has been recently modified and, along with nurses, social workers and youth workers as part of the teams, home support workers and psychologists have been added.   
     
   NB  
   Student Wellness Survey data will soon be available (Grades 6- 12 students). Once the data is made available, NB will share with the SHCC.  
     
   ON  
   ON is seeking feedback from other jurisdictions on whether or not on-site paramedics are a mandatory requirement (from a Ministerial level) for school sporting events.  
     
   SK  
   Amendments to Saskatchewan’s Tobacco Control Act were introduced in November, with incorporation of vaping products.   
   BC  
   Youth vaping continues to be a significant issue in the province, and the BC Lung Association has created and released a [Vaping Prevention Toolkit](https://bc.lung.ca/how-we-can-help/vaping/vaping-prevention-toolkit) to be used by educators, parents, and healthcare providers. The toolkit is available on the BC Lung Association website. Results from the 2018 B.C. Adolescent Health Survey results are now available. The survey was completed by grades 7-12 students in schools across British Columbia. “Action Schools! BC” is being redeveloped, with the focus shifting to developing a new physical activity and physical activity initiative.   
     
   AB  
   Stakeholder consultations on vaping are currently underway in the province. The consultations will be completed by the end of November, and it will be determined whether or not there will be new regulations put in place. The provincial budget was released in October, with several positons in both Health and Education being eliminated. Results of the Alberta Health Services review will be available at the end of December.   
     
   PHAC  
   HBSC youth vaping data will not be available to the public until the spring of 2020; however, In response to several jurisdictional requests, PHAC is working to have the results available to the JCSH as soon as possible, with the hope of presenting the data at an upcoming SHCC meeting. PHAC has gained access to the COMPASS youth vaping research summary, and Suzy will forward along the document to the SHCC.
9. Review of Action Items  
     
   The Action Items Table was reviewed.
10. Next Meetings  
    * December 10, 11, 12 2019 face-to-face meetings (MC/SHCC)
    * January 14 2020 teleconference
    * February 11, 2020 teleconference

*All teleconference meetings begin at 1:00 Eastern Time.*

1. Adjournment